**CURRICULUM VITAE**

**CAREER OBJECTIVE:**

**“**My objective is to be able to work in a position where I am able to utilize my skills and abilities effectively, learning and growing with the company in the process. My goal is to reach a position in a company where I am able to progress in to positions of higher levels of responsibility**”**

**PERSONAL DETAILS**

**NAME:** Saba Gulam Hussain Shaikh

**NATIONALITY:** Indian

**DATE OF BIRTH:** 22-02-1993

**ADDRESS:** T-404, Hanjar Nagar, Pump House,

Andheri East, Mumbai-400093.

**E-MAIL:** saba.shaikh230@yahoo.in

**TELEPHONE NR:** 8850253502/9664915772

**EDUCATION**

* Graduation in Applied Nutrition, SNDT University, Juhu (2014)
* Higher Secondary Certificate in Science, Cosmopolitan college,

Maharashtra Board University, D.N Nagar (2011)

* Secondary School Certificate, St. Louis Convent High School,

Four Bungalows (2009)

**ADDITIONAL COURSES AND ACHIEVEMENT**

* MS-CIT
* Best Athlete In School (2006/2008/2009)
* Inter School sports Competition

**EMPLOYMENT HISTORY**

* Pilot Project With Golds-Gym ( Wellman)
* Senior Dietician- ‘PrettiSlim’, Lokhandwala, Mumbai (June’ 2017- Jan’2019)
* Dietician- ‘Hexagon Nutrition’, Link Road, Mumbai (July’ 2016 – April’ 2017)
* Dietician- ‘ VLCC’, Andheri, Mumbai (Nov’2014 – July’ 2016)
* Dietician- ‘E-gym’ Versova, Mumbai (June’2014 – Nov’2014)
* Internship At SLIM-SUTRA ( April’2014 –June’2014)

**LANGUAGES**

Hindi – Native (written and spoken)

English – Fluent (written and spoken)

**KEY SKILLS**

* Good communication and interpersonal skills
* Self-motivation
* Adaptability
* Multitasking
* Leadership skills
* Strong work values
* Good customer relation management
* Peace maker

**Job Handled**

* Diet Planning
* Menu Planning
* Team Handling
* Counselling Clients
* On- Call Counselling
* Body Composition Analysis And Explanation in Detail
* Sales / Consultation
* Client Handling
* Worked at Paediatric Camps
* Training of Junior Dietician
* Done Pilot Project With Gold-Gym ( Wellman)

**HOBBY**

* Reading books
* Socializing
* Dancing

I Hereby Declare that the above given information is true to best of my belief. I understand if any discrepancy found afterward I will solely be responsible.